



MIDGET/INTERMEDIATE REGATTA

MANUKAU OUTRIGGERS CANOEING CLUB INC

SUNDAY 17 NOVEMBER 2019

**LAST EVENT FOR THE YEAR COME JOIN IN THE FUN
'TEAM SPRINTS'**

**THEME – SUPER HEROS
BEST DRESSED TEAM & CHANT**

Registrations close Thursday 14th NOVEMBER 2019

All entries are on-line, and you will need to see your club rep for registrations

Event location:

Ian Shaw Park, 252A Panama Road, Mt Wellington, Auckland – parking is very limited – please park on road or limited parking along the brick wall

Event start time:

8am – 8.30am set up
9am – 9.40am Registrations & safety checks
9.40am Briefing
10am Race starts

All entries are online, and you will need to see your club rep for registrations

Event outline:

W6 Sprints – straights 250m & turn races on 250m course (Waka's supplied on day)

Food/Drinks provided at end of racing & prize giving (certificates)

Safety check:

Each paddler must wear/bring own life Jacket, W6 - bailer x 2
X2 support boats will be within estuary